

**TLC's Branches of Respite**  
**Used as a guide for goals of**  
**Marin Respite and Childcare Collaborative (MRCC)**  
**To meet the respite needs of families of children with disabilities**

**Types of Respite families need:**

1. Care provider pools becoming full and accessible
2. Parent familiarity, accessibility and usage of those pools of providers
3. Teen helpers, experienced nannies, nurses, behaviorists, etc. are all very different helpful forms of respite!
4. Day camp opportunities throughout Marin (i.e. letting parents know about JFCS & ESS after school programs, etc.)
5. Extended camp opportunities
6. Physical / Custodial relief systems (vehicle mod., behavioral therapies/helpers, safe environment public arenas)
7. Parent and family adventures with support

**Types of extended education and training:**

1. Care provider and parent trainings
2. Behavioral therapies and/or training
3. Parent support groups
4. Parent/Guardian education re: paperwork for care providers (domestic wage reporting, etc.)
5. Education of options like Care.com, Arcadia, Co-Ops, Do-It-Yourself with above training, etc.
6. What to emphasize in consults with GGRC, IHSS, SSI, CCS, etc. (by the way, TLC's alphabet soup sorter' is almost complete and online for parents!)
7. Education and encouragement addressing the importance of parents getting respite, breaking routines and taking care of selves!!!
8. Education and encouragement that there are opportunities to be adventurous!
9. Information on home and vehicle modification for relief of physical care and transitioning

**'Working the System':**

1. Understanding and/or supporting the forming of eventual Co-ops
2. Advocacy for GGRC and IHSS pay rates
3. Employer of record options (including non-profit)
4. Research of other sources that provide help for admin and/or funds for respite
5. Advocacy and/or plans for respite worker benefits and career atmosphere
6. Tapping into existing areas where great care providers can be found and encouraged to work with families of the disabled

Agencies such as Matrix, GGRC, IHSS, MCOE, MCCC already have funds and/or departments and/or assignments that address these areas ... HENCE ... why The LaChris Connection pulled together MRCC in the first place. Realizing that every agency is overwhelmed, employees are overworked and underpaid, etc. does not mean that some of these things aren't already in program and/or job descriptions.

One of our goals, again, should be looking at the above list and seriously matching the goals with projects/programs/funding, etc. that **already exist** and light a fire under the funds and programs that should already be addressing these needs!